

Bargain buys

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Looking for basics on a budget? Look no further than Katie Roberts' eco- and ethically-minded picks.
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Underwear with nothing to hide

Nico Underwear (www.nicounderwear.com) is Ethical Clothing Australia-certified, committed to transparency, and uses sustainable fabrics. Or try Tuffys and Tuffetts (www.tuffys-tuffetts.com.au), which has the whole family sorted for 100% Australian-grown cotton boxers and briefs, and Mighty Good Undies (www.mightygoodundies.com.au), sourced from an ethical and sustainable supply chain with carbon offsets.

Tees and tanks

The Road Clothing is sewn by people for a living wage, using materials that reduce negative impacts on the planet. www.theroad.com.au. Then there's Just Be Apparel, a mindful lifestyle-inspired label which will have you hooked on its non-toxic fabric choices (www.justbeapparel.com), and Bandsome, made ethically in Australia from high quality organic materials (www.bandsome.com).
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Flip-flops to fall for

Etiko (www.etiko.com.au) has produced the Fairtrade 'unwrong thong': made from natural and recycled rubber, these support the charity Animals Australia. Barefoot bee enthusiasts might prefer HoneyBees (www.myhoneybees.com.au) recycled rubber sandals, as \$2.00 from each purchase goes to research into protecting bees from Varroa mites. And then there's Amazona (www.amazonaaustralia.com), who make on-trend thongs that boast zero waste production, water recycling, and charity affiliations.



Pull your eco socks up

Fashion fave Sinerji (www.sinerji.com.au) also stock affordable and cosy ethical bamboo socks. Or, check out the colourful socks at Conscious Step (www.consciousstep.com) from Fairtrade nonprofits selected for their contribution to the UN's sustainable development goals, and Aussie-made Sustainable Fashion socks (www.sustainablefashion.com.au).



Two minutes with ...

Faye DeLanty,
op shopping queen



A sustainably-produced tee is an absolute wardrobe fave of mine, so here are three tips:

- Op shops and thrift stores have many preloved tees - some still with their tags on! Look for quality natural fibres like 100% organic cotton.
- Don't restrict yourself - I have found some incredible tees in the men's department. I love the oversized fit, sleeves rolled up, and relaxed look.
- Want to buy new? Try Kusaga Athletic: it has the greenest tee on the planet for under \$50.00 created with ECOLITE fabric, which is biodegradable, sustainable, even compostable and uses less than 1% water in its production. I'm a big fan!

PHOTO: CYBELE MALINOWSKI

Katie Roberts is an environmental scientist focused on sustainability education in the fashion industry. www.sustainabilityinstyle.com

