

# Bargain buys

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*Looking for basics on a budget? Look no further than Katie Roberts' eco- and ethically-minded picks.*  
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## Underwear with nothing to hide

Nico Underwear ([www.nicounderwear.com](http://www.nicounderwear.com)) is Ethical Clothing Australia-certified, committed to transparency, and uses sustainable fabrics. Or try Tuffys and Tuffetts ([www.tuffys-tuffetts.com.au](http://www.tuffys-tuffetts.com.au)), which has the whole family sorted for 100% Australian-grown cotton boxers and briefs, and Mighty Good Undies ([www.mightygoodundies.com.au](http://www.mightygoodundies.com.au)), sourced from an ethical and sustainable supply chain with carbon offsets.

## Tees and tanks

The Road Clothing is sewn by people for a living wage, using materials that reduce negative impacts on the planet. [www.theroad.com.au](http://www.theroad.com.au). Then there's Just Be Apparel, a mindful lifestyle-inspired label which will have you hooked on its non-toxic fabric choices ([www.justbeapparel.com](http://www.justbeapparel.com)), and Bandsome, made ethically in Australia from high quality organic materials ([www.bandsome.com](http://www.bandsome.com)).  
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## Flip-flops to fall for

Etiko ([www.etiko.com.au](http://www.etiko.com.au)) has produced the Fairtrade 'unwrong thong': made from natural and recycled rubber, these support the charity Animals Australia. Barefoot bee enthusiasts might prefer HoneyBees ([www.myhoneybees.com.au](http://www.myhoneybees.com.au)) recycled rubber sandals, as \$2.00 from each purchase goes to research into protecting bees from Varroa mites. And then there's Amazona ([www.amazonaaustralia.com](http://www.amazonaaustralia.com)), who make on-trend thongs that boast zero waste production, water recycling, and charity affiliations.



## Pull your eco socks up

Fashion fave Sinerji ([www.sinerji.com.au](http://www.sinerji.com.au)) also stock affordable and cosy ethical bamboo socks. Or, check out the colourful socks at Conscious Step ([www.consciousstep.com](http://www.consciousstep.com)) from Fairtrade nonprofits selected for their contribution to the UN's sustainable development goals, and Aussie-made Sustainable Fashion socks ([www.sustainablefashion.com.au](http://www.sustainablefashion.com.au)).



## Two minutes with ...

**Faye DeLanty,**  
op shopping queen



A sustainably-produced tee is an absolute wardrobe fave of mine, so here are three tips:

- Op shops and thrift stores have many preloved tees - some still with their tags on! Look for quality natural fibres like 100% organic cotton.
- Don't restrict yourself - I have found some incredible tees in the men's department. I love the oversized fit, sleeves rolled up, and relaxed look.
- Want to buy new? Try Kusaga Athletic: it has the greenest tee on the planet for under \$50.00 created with ECOLITE fabric, which is biodegradable, sustainable, even compostable and uses less than 1% water in its production. I'm a big fan!

PHOTO: CYBELE MALINOWSKI

Katie Roberts is an environmental scientist focused on sustainability education in the fashion industry. [www.sustainabilityinstyle.com](http://www.sustainabilityinstyle.com)

